

# Bear Creek Outdoor Centre

## *Canoe Tripping Camp 2011*

### Participant detail and emergency contact information

- 2-Week Explorers (Ages 12-13) August 14 to August 27th \$525.00 + HST
- 1-Week Explorers (Ages 12-13) August 21 to August 27th \$950.00 + HST
- Adventurers (Ages 14-15) August 14 to August 27th \$1200.00 + HST
- Voyageurs (Age 16) August 14 to August 27th \$1200.00 + HST

### **Please Print**

Camper's Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on 1st day of camp: \_\_\_\_\_

Ontario Health Card#: \_\_\_\_\_

Cabin mate request (if applicable): \_\_\_\_\_

**Parent/Guardian #1:** \_\_\_\_\_ Home Telephone: \_\_\_\_\_

Work/Cell Telephone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

**Parent/Guardian #2:** \_\_\_\_\_ Home Telephone: \_\_\_\_\_

Work/Cell Telephone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ Home Telephone: \_\_\_\_\_

Work/Cell Telephone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

### Allergy Information

Does your child have any allergies? YES NO

If yes please specify (types, epipen? etc.)

\_\_\_\_\_  
\_\_\_\_\_

Dietary Requirements – Please circle all that apply

Vegetarian    Lactose Intolerant    No Pork    No Beef    Peanut Allergy    Gluten Allergy

Other Dietary Restrictions: \_\_\_\_\_

What other information would it help us to know about your child?

\_\_\_\_\_  
\_\_\_\_\_

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## *Canoe Tripping Camp 2011*

### CONSENT FORM

Please Print

#### NOTE TO STUDENTS/CAMPERS AND GUARDIANS

This form must be read and signed by every student/camper who wishes to participate in any Bear Creek Outdoor Centre (BCOC) program, and by a parent or guardian of a participating student/camper.

#### ELEMENTS OF RISK

Educational activity programs that are being offered involve certain elements of risk. Accidents may occur while participating in these activities. By choosing to participate in the activity, the student/camper is assuming the risk of an accident occurring. The chances of an accident can be reduced by carefully following instructions at all times. If the student/camper chooses to participate in a BCOC program, the student/camper will bear the responsibility for any accident that might occur.

We have read the itinerary and are familiar with the nature of the program that the student/camper is proposing to take. We further agree that the student/camper shall be required to follow all rules and regulations as described to the student/camper by the staff in charge. In general, students/campers are expected to behave as they would in school and society. Failure to meet behavioral expectations could result in dismissal.

Student/Camper (print name and sign): \_\_\_\_\_

Guardian (print name and sign): \_\_\_\_\_ Date: \_\_\_\_\_

#### PARENT/GUARDIAN CONSENT

With knowledge that my child will be participating in outdoor activities that may bring him/her in contact with unknown allergens and at risk activities (canoeing, hiking, etc.) as a part of their program. I,

\_\_\_\_\_, hereby give consent for the trained Bear Creek Outdoor Centre staff to provide emergency medical aid to, \_\_\_\_\_ if required.

This may include:

- Administration of an EPI pen by a trained and qualified staff member for obvious systemic anaphylactic reactions (i.e. severe reactions to bee stings).
- Administration of antihistamines (i.e. Benadryl) for minor, local, allergic reactions (poison ivy, blackflies, etc)
- Administration of first aid and provision of access to medical aid if needed.
- Provision of over the counter medications that have been pre-identified by the guardian.

I further give permission to the physician or hospital selected by the Camp to hospitalize, secure proper treatment for, and to order injection, anesthesia, medicine, X-ray, surgery or any other medical treatment for my child and to use our health care coverage or insurance policy to pay for these services. If any health care expenses arise that are not covered by our health care provided, I will accept an invoice from the camp to cover the additional costs of care.

Permission is hereby granted to BCOC, Inc. to use any photograph, film, video or audio of the above Camper in any public release, publicity, TV program, advertisement, brochure or promotional videos. Names and addresses of campers and staff, camper inquiries and printed material and procedures are confidential property of BCOC.

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Equipment List**

Flashlight and extra batteries

Min 60 L Backpack or drypack

30 L dry bag

2 1L Water bottles

Sun hat, sunglasses and sunscreen

Rain jacket and pants

Closed-toe shoes + Older pair of shoes for the water, mud (please bring 2 or more pairs of shoes)

Sandals

Lots of socks, and underwear

PJ's

T-shirts

Shorts

2 pr. (min) long pants

Long shirts,

2 pair or long johns Synthetic or wool please (just like skiing)

Fleece sweater

Mitts and toque

Bathing suits

2 beach towels

Sleeping bag and sleeping pad (for out trips)

Bedding for in camp (pillow, twin sheets, blanket or comforter etc.)

Personal toiletries

Stationary items and books

\*\*Lifejacket (must be a government approved PFD)

Duffle bag, trunk or suitcase

You are welcome to bring along other things to camp. You may want more warm clothes for the August session, as it tends to be cooler in the morning and evening.

Some optional items may include:

Camera

Mountain Bike (if the child has their own please bring it to camp)

Musical instrument

Baseball glove, fishing rod and tackle, water gun

Paddle

Cards and games

\*\*\*Please leave personal electronics (games, phones, iPods etc.) at home

## **Arrival and Departure**

Campers will arrive at camp between 1pm and 2pm on Sunday August 14<sup>th</sup> (or August 21<sup>st</sup>) and picked up between 10am and 11am on Saturday August 20<sup>th</sup> (August 27<sup>th</sup>). Please let the camp know if other arrangements need to be made for your child's arrival or departure. We are always happy to help if you give us notice and let us know what we can do.

## **Cancellation Policy**

Bear Creek Outdoor Centre reserves the right to change programs for any reason deemed necessary to Camp Directors. In such cases, we attempt to accommodate campers in other existing programs. If we cancel a program and are unable to provide a viable program alternative, we will refund your money in full.

## **Explorers 12-13 year olds**

The 1-week Explorers will spend 2 days in camp training and preparing for a 4-day Madawaska or Petawawa river canoe trip before returning to camp in time for final supper and campfire. This is a wonderful introductory program.

2-week Explorers will spend 9 days in camp and 4 days on trip.

## **Adventurers 14-15 year olds**

The 2-week Adventurers will participate in an 8-day canoe trip on the Coulonge River honing their canoe tripping and moving water skills.

## **Voyageurs 16 year olds**

The 2-week Voyageurs will participate in an 8-day Algonquin Park or Dumoine River trip. Voyageurs will receive training and certification in Wilderness First aid and Paddle Canada Canoe Tripping.

## **Trip Evacuation Policy**

In the event that a camper needs to be evacuated from a canoe trip (or camp), costs of travel as well as medical costs are incurred by the camper family. Camp directors endeavor to include parents/guardians in all evacuation and medical decisions. In the event that parents/guardians are not available or are not in agreement, BCOC directors or agents are authorized to make emergency medical and safety decisions for the welfare of campers.

## **Code of Conduct**

We strongly believe that every person has the right to feel safe, both physically and emotionally at camp. BCOC reserves the unrestricted right to dismiss a Camper whose conduct or influence is inimical to the best interest of the Camp in the considered opinion of the directors. Such conduct or influence includes, but is not limited to: any observation or discovery (Camp reserves the right to search personal property) of the use or possession of weapons, drugs or drug-related implements, stimulants or intoxicating beverages, bringing food on to Camp, leaving Camp grounds, Camp activities or off-Camp activities at any time without official approval and supervision, damaging or defacing of Camp property, smoking, possession of cigarettes, refusing to participate in camp activities, not complying with camp rules or procedures, inappropriate behavior, inappropriate intimate behavior, and omission or misrepresentation regarding the medical or mental history of the Camper. We do not assume a legal obligation to administer prescription medicine and failure to do so does not excuse the Camper from following rules or appropriate behavior. Any of the above conduct may subject the Camper to dismissal. In such event, there will be no refund or adjustment of any part of the Camp fee. The Camp is not responsible for Campers when traveling to and from Camp.

### **Camp Photos and other postings on the Web**

We are concerned about the Bear Creek Outdoor Centre public image when it comes to postings and images on the Internet. We ask that all campers screen their own photos and their postings to ensure appropriateness before putting them on the web. We look forward to parental support with this! Additionally, we will be taking photos at camp and also posting photos taken by others on our own website. Please notify us if you don't want your child's image on our website.

### **Contact with Home**

Getting settled into camp requires our campers to be where they are (here at camp) as opposed to where they are not (at home). New surroundings, new schedules, new challenges and new people all combine to make the first few days of camp difficult for some campers. Camp is a time of independence and personal growth. We believe this is best achieved unplugged. Please do not send cell phones to camp with your child. We strongly encourage campers and families to write letters to each other. The camp mailing address is:

Bear Creek Outdoor Centre  
RR#3 Campbell's Bay QC  
J0X 1K0

Camp Phone 819-453-2127 (messages are checked twice a day during camp session)

Jill's Cell Phone 613-889-7262 (email [Jill@bearcreekoutdoor.com](mailto:Jill@bearcreekoutdoor.com)) I often carry this with me. It gets decent reception at camp. I try to make sure it is NOT in my pocket when I swim.

### **Registration and Payment**

Please send the Registration and Consent forms with a \$100 deposit to:

Bear Creek Outdoor Centre  
3828 Burnstown Rd.  
Renfrew ON K7V 3Z4

The balance of camp tuition is to be received by the camp no later than July 1, 2011.